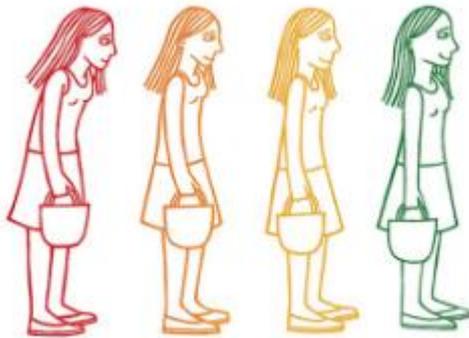


## Chiswick Pier Trust newsletter - May 2018

### Hello

If you aren't going away for the May bank holiday weekend, why not join us at Chiswick Pier Trust for a walk that could change how you move...



#### Upcoming Events

**Saturday 5th May, 2pm to 5pm**  
[Walk Tall](#)

**Friday 22nd June, 7pm**  
[Midsummer Jazz Cruise](#)

**Sunday 1st July from 11.30am**  
[Party on the Pier](#)

Upcoming events

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## Walk Tall Workshop on 5 May between 2-5 pm at Chiswick Pier Trust

Chiswick Pier Trust has teamed up with Alexander Technique teacher Elizabeth Dodgson to provide a walk with a difference! Using the Alexander Technique methods, Elizabeth will help participants improve their posture and gait by teaching how to walk with more freedom and ease.

Typically taught in all good music and acting colleges, Alexander Technique is effective for a number of different things. People learn it to help them with everyday aches and pains, and pupils range from children to those in their 90's. The Alexander Technique has recently been recommended in the Government NICE guidelines for people diagnosed with Parkinson's and is the only holistic treatment put forward to help with balance and movement. Over the past two years Elizabeth has been working with a small group of teachers to bring Alexander Technique directly to people with Parkinson's.

This workshop is an introduction to the Alexander Technique for anybody who wants to improve their walking with more freedom and ease. The first hour is spent at Chiswick Pier Trust with workshop style instruction followed by a beautiful walk over Barnes Bridge and around the Leg O' Mutton nature reserve to practice what has been learned. The group will be split into a 'slow and thoughtful' group, and a normal speed group. Refreshments will be served back at the Pier House when Elizabeth can answer any more questions.

Elizabeth Dodgson has been an Alexander Technique teacher for 17 years having been taught at the prestigious Constructive Teaching Centre at Holland Park. She now teaches by the river at Chiswick Pier and for more information go to: [www.ATteacher.co.uk](http://www.ATteacher.co.uk)

2pm until 5pm (with a prompt start!) at Chiswick Pier Trust Pier House, Corney Reach Way, W4 2UG. Tickets cost £12 (£9 to CPT members). Call 020 8742 2713 to book or visit [www.chiswickpier.org.uk](http://www.chiswickpier.org.uk).



Past event

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## **Emery Walker's House by Julie Ashdown, 24th April**

Emery Walker's house is an extraordinary glimpse into the lives of the people of the Arts & Crafts movement. In private hands until 1999, it is an outstandingly preserved Arts and Crafts house with beautiful and eclectic contents that tell a story of the relationships between the families and friends of Emery Walker, William Morris, Philip Webb, George Bernard Shaw and WB Yeats and many more.

One of the great typographers of the age, Emery Walker was instrumental as an advisor to William Morris' Kelmscott Press, and later Thomas Cobden Sanderson's Doves press. The latter relationship – a business partnership – ended acrimoniously with Cobden Sanderson famously making 170 trips to Hammersmith bridge to jettison over a ton of typeface 'like birdseed' to avoid Emery Walker inheriting the typeface on his death. Julie Ashdown added more information to this story. In 2015, a designer called Robert Green took a forensic approach to retrieving the type thrown in the river by Cobden Sanderson, and hired a team of divers. Their task was made more difficult because in the 1980s the IRA had bombed pretty much where Cobden Sanderson threw the ton of type, but they managed to retrieve approximately 150 pieces of type. You can see a video about this, and the work Robert Green did in recreating the font at <http://www.emerywalker.org.uk/doves-press>.

Those that lived in the house sought to preserve the beautiful and historic things in it, and as a result we now have examples of Morris & Co wall paper in every room, Morris & Co linoleum, and furniture by Philip Webb. There are intimate and personal items, a lock of William Morris' hair taken on his deathbed for Emery Walker, a beautiful crewel work bed cover designed for Emery Walker's wife by May Morris and used on Mrs Walker's coffin in 1920, on Emery's in 1933, Dorothy's in 1963 and finally on Elizabeth de Haas's in 1999. There is even a black basalt teapot owned by Dante Gabriell Rosetti's – left at Kelmscott Manor after he stormed out of his affair with Jane Morris - and carefully labelled with a handwritten note on the bottom of the pot.

For more information and to visit: <http://www.emerywalker.org.uk>

## **And finally.....**

### **News from others at The Pier House**

#### **Chiswick Pier Canoe Club**

It's National Go Canoeing Week from 26 May until June 3, and it's the perfect time to get out onto the Thames at Chiswick with our resident canoe club, who will be offering sessions in support of the week.

Join Chiswick Pier Canoe Club for two taster paddles on Sunday 27th May or Sunday 3rd of June. It's

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£10 a session for a paddle to a pub and back, with coaching and equipment provided. Turn up 10am to get on the water all kitted up at 11am and back for aprox 2pm.

If you aren't ready to face the might of the Thames, Chiswick Pier Canoe club also run a pool session at Gurnell Pool on Thursday 31st May. It costs £8 a session with kit and coaching. Session is in the pool 9pm-10.15pm.

For more details, including what to wear visit: <https://www.chiswickcanoeclub.co.uk/session>

### **Thames Explorer Trust turns 30!**

This summer, Thames Explorer Trust celebrates its 30th birthday. As part of the birthday celebrations, TET has launched a fantastic competition for local schools for 160 places for year 5 or 6 pupils to win a place on a privately chartered Thames Clipper in association with Tideway to follow the route of the new super sewer. It's a free to enter and a unique chance to see the river and find out about this major project.

The closing date is 5th June and the boat trip will take place on 10th July.

They've asked us to spread the word so if you know any schools that might be interested do refer them to <http://thames-explorer.org.uk/about-us/school-competition/>

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